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The Hindu tradition originally formulates itself as Sanatana Dharma, an eternal and universal way of understanding the natural laws of the universe. Santana Dharma has its highest goal that of Moksha or the liberation of consciousness, expanding our awareness to embrace the entire universe – Self-realization at the highest level, knowing the Divine within us, not simply on the outside. For this it acknowledges the existence of many paths to that unitary truth. Such a unitary view of truth and pluralistic approach to it, along with freedom from any dogma, is both rational and spiritual, and takes us beyond the constraints of any external religious authority to the development of our own unique spirituality potential.

It embraces the vast Ayurvedic tradition of healing for body, mind and consciousness. It holds such disciplines as Jyotish for helping us understand cosmology and the movement of time and karma, and Vastu for understanding spatial and directional influences. Most notably it holds the Sanskrit tradition and its science of language, mantra and cosmic sound. Sanatana Dharma embraces a vast tradition of temple worship and iconic worship, including in one's own home and numerous sacred sites, yet has every formless approach to the Divine as well, all woven together.

Santana Dharma holds the spiritual wisdom for the future of humanity that must eventually be accepted throughout the world. Though powerful forces are still aligned against us to protect their vested interests, they cannot for much longer resist this eternal way of truth.